

What to Bring to Class

Indicator on door: GREEN = welcome, please enter. RED = class is in session, do not enter.

- Your clicker from orientation
- Notes/Sign Off sheet (given the first day of class for each level)
- A rug, blanket or bed to work on the “settle” exercise.
 - Be prepared with your treats as other dogs enter the room and reward calm.
 - Play “find it” to distract, redirect and avoid dogs staring at each other.
- Your dog that has been moderately exercised so that they will more successful in the distracting environment especially if you have a high-energy dog.
- A hungry dog! – DO NOT FEED your dog before class. Having a hungry dog typically creates a motivated dog.
- Treats: Bring about 1 cup of at least THREE of the following to each class. Treats should be pea-sized or smaller. This does not mean you will use all of these but having a variety will keep your dog motivated!
 - Hot dogs (you can get 100 treats from one hot dog)
 - Cheese (cheddar or string – 100 treats from one piece of string cheese)
 - Baked or boiled chicken
 - Deli meats
 - Raw freeze-dried treats (comes in a variety of protein sources from local pet store)
 - Fresh Pet Select Roasted Meals
 - Anything soft, smelly and delicious that your dog will work for in a high distraction environment
- Treat pouch, fanny pack or apron to help distribute treats quickly and effectively.
- Your dog on a nylon or leather leash (4 or 6 ft) and one of the following:
 - **Regular flat collar or limited slip (martingale) collar** – This will work for dogs that do not pull a lot.
 - **Front hook harnesses**- Most dogs tolerate these harnesses very well. Some of the harnesses listed below have a front and a back hook on the harness. Be sure to hook the leash on the front hook not the back. Using the back hook will promote pulling and can increase the pull (like a sled dog!).
 - Freedom Harness
 - Top Paw Harness
 - Wonder Walker
 - Easy Walk harness
 - Balance Harness
 - **Head Halter (Gentle Leader or Halti)** - Provides the best control for big strong dogs, especially reactive dogs. Most dogs need an adjustment period so let me know if you will be using this and I will send you a handout on how to condition your dog to this type of equipment.
 - Please **NO** prong collars, choke chains or retractable leashes. You will be asked to remove them!
- An item for your dog to stay busy during down time. Here are some ideas:
 - A frozen Kong toy stuffed with peanut butter or canned food
 - Bully stick
 - The Everlasting Treat Ball
 - Himalayan Chew
 - No Hide Chew